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Community

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Health Department Reports First Local MIS-C Case

The first case of Multisystem Inflammatory Syndrome (MIS-C), a condition believed to be related to COVID-19, has been reported in Douglas County.

The Douglas County Health Department confirms a male child under 12 years of age has been hospitalized after presenting with atypical Kawasaki disease. In this case the child showed a rash, fever, fatigue and abdominal pain.

“If your child shows any of these symptoms, you should immediately seek emergency care,” Health Director Dr. Adi Pour said. “We have a lot to learn about MIS, but it appears to be similar to Kawasaki disease which includes a fever and some of the symptoms we are seeing here.”

MIS-C can lead to multiple organ inflammation. While MIS-C can be deadly, most children recover with medical treatment. Many children who have MIS-C have been around someone who has tested positive for COVID-19 and may themselves have tested positive for the disease, as was true in this case.

The Centers for Disease Control and Prevention (CDC) says doctors may provide medicines or fluids to make the patient feel better and others to treat inflammation. Most children who become ill can be treated in the hospital, but some will need to go to the pediatric intensive care unit.

“Please don’t delay in seeking help for your child if they show any MIS-C symptoms,” Dr. Pour said. “This condition is potentially extremely serious.”

Media Note: Dr. Pour and Dr. Kari Neemann, a pediatric infectious disease specialist from Children’s Hospital and Medical Center, UNMC faculty member and consultant to the Health Department, will be available to discuss this case at 3 p.m. at the Health Department offices at 1111 South 41st Street.

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